



Hull Collegiate Prep School **Foundation Stage** **Health and Illness**

This policy applies to our EYFS setting. Hull Collegiate School seeks to implement this policy through adherence to the procedures set out in the rest of this document.. Hull Collegiate School is fully committed to ensuring that the application of this Foundation Stage Physical Environment and Equipment policy is non-discriminatory in line with the UK Equality Act (2010). Further details are available in the school's Equal Opportunity document. This document is available to all interested parties on request from the main school office and should be read in conjunction with the following documents:

- Administration of Medication
- Attendance
- Child protection
- First Aid
- Foundation Stage
- Foundation Stage Physical Environment and Equipment
- Health and Safety
- Safeguarding

This document is reviewed annually by Mrs J Maltby (Foundation Stage Coordinator) or as events or legislation change requires. The next scheduled date for review is September 2017.

If you have any concerns regarding this policy please discuss them with Mrs Maltby



Contents

Policy Statement	page 3
Health	page 3
Hygiene	page 3
Medicine	page 3
Animals	page 4
Illness	page 4
Staff medication	page 5

Policy Statement:

Health: In the Foundation Stage Department we are committed to maintaining high standards of health and hygiene. The continued good health and wellbeing of the children is of primary importance to us. In addition to the implementation laid out in the whole school policy, in the Foundation Stage Department we will:

- Ensure that outside sandpits have a cover, contain suitable sand that is cleaned and changed regularly and are free from foreign bodies and small animals;
- Provide protective clothing, such as plastic or disposable gloves and aprons;
- Wash dressing up clothes, display drapes, tablecloths and blankets;
- Provide an adequate selection of clothing to change children who have had accidents of any description;
- Provide tissues/disposable nappies/flannels/towels for sole use;
- Provide cups/plates/bowls/cutlery;
- Ensure that soiled nappies are placed in sealed bags before they are put into bins;
- Actively promote good health and hygiene practice through notices/posters/signs/leaflets;
- Invite visiting speakers to talk to children and carers about healthy lifestyles.

Hygiene

- We observe good practice in matters of hygiene at all times.
- We encourage children to use the toilet correctly.
- We check that toilets are clean, hygienic and flushed regularly.
- We encourage children to wash their hands regularly, especially before handling food, after using the toilet, handling animals, plants and insects or playing in messy or dirty areas.
- We encourage children to blow their noses into tissues and dispose of these correctly.
- We encourage children to place their hands over their mouths if they cough or sneeze and then wash their hands.
- We teach children to respect the cultural differences that influence people's different attitudes to hygiene.
- We wipe surfaces and tables between activities.
- We teach children hygiene awareness through planned and spontaneous discussion, routines, activities and topics.

Medicine

- Mrs Maltby, the school matron, or in their absence another member of staff holding an appropriate qualification in the administering of medicines, will administer medicines in the Foundation Stage.
- We require children to bring hats to wear outside during periods of hot and sunny weather. We expect parents to provide high-factor sun block and give written permission for the staff to apply it at regular intervals, or to apply long-lasting high-factor sun block to the child before bringing them to school and inform staff of this fact.

Animals

- Any animals or pets will be free from disease, have regular health checks and be cared for in a humane manner.

- They will have suitable and adequate housing, water, food, exercise and care routines.
- Any area fouled by animals will be cleared up immediately.
- Equipment and food will be stored out of reach of the children.
- We supervise the children at all times when they are handling animals.
- We teach the children to be caring, gentle and sensitive to animals and to be aware of their habits and behaviour patterns. We ensure that children wash their hands after handling animals or their equipment.
- We keep parents informed about any animals on the premises and expect parents to inform us if they find that their child has an allergy to any of the pets in school.

Illness: In the Foundation Stage Department we promote practices encouraging health and minimizing the risk of infection. In addition, we provide children who become ill with continuous care whilst awaiting their collection by a parent or carer. Children who are clearly unwell are requested to remain away from the department until they are suitably recovered.

- Children who show any signs of becoming unwell in school will be watched carefully and, if deemed suitable, the Teacher or Nursery Nurse will contact the parents. The school matron or nurse may also be contacted for additional advice or support.
- Parents will be requested to collect their child if they are clearly feeling unwell/suffering from diarrhoea or vomiting/have had an accident which concerns us/may have an infectious disease.
- We will isolate a child if we consider that other children or staff may be at risk.
- In cases of injuries sustained on the premises whilst in the care of the staff, a medical/accident form will be signed and a copy sent home. Parents will be contacted and informed of any head injuries immediately following the incident.
- On occasions where a prompt response is required, the school may take a decision to refer a child to hospital. On such occasions, transportation to the hospital will be via the emergency services whenever possible.
- Children who are unwell and awaiting collecting will either remain in the school office, or in the classroom or matron's office on a soft chair, settee, or bed.
- Children with sickness or diarrhoea must remain at home for at least 48 hours to ensure that they have recovered totally.
- Any contagious diseases must be reported to the school secretary or the class teacher.
- We respect the parents' right to confidentiality, however we will keep other parents informed of any infectious diseases that occur in the school.
- OFSTED will be notified of any infectious disease that a qualified medical person considers notifiable.

In line with the Accident, Records and Notification procedures in the United Learning Group Health and Safety document, the School Nurse will notify the HSE, under RIDDOR, of any serious accident, illness or serious injury to, or death of, any student whilst in our care, and of action taken in respect of it. For EYFS students Ofsted will also be notified and will be notified of any instance in connection to medicines which leads to such an event. A student's GP has the responsibility of reporting notifiable diseases and ensuring that a student is safe to return to school and not cause public health problems from infections. However, the school may also seek advice from the Health Protection Agency if a student is believed to be suffering from a notifiable

disease as identified under the Health Protection (Notification) Regulations 2010. For students in our EYFS, notification will be made to Ofsted as soon as is reasonably practicable, but in any event within 14 days of the incident occurring. Contact details for Ofsted are as follows: www.ofsted.gov.uk or by telephone on 0300 123 4666.

Staff medication

Staff members must seek medical advice if taking medication that may affect their ability to care for children, and are only permitted to work directly with children if medical advice confirms their appropriateness to do so. Any on-site staff medication must be stored in the staff member's locked staffroom locker or in an official school medicine cabinet.